

<b>RAC Club Run Roster- May - Dec 2022</b>				
DATE	Club Run	DIST	START	
MAY	1	<b>Linden</b>	23km/15km	6am/7am
	8	<b>Sandton</b>	28km/15km	6am/7am
	15	<b>Melville</b>	25km/15km	6am/7am
	22	<b>Wilds</b>	26km/15km	6am/7am
	29	RAC Sweatshop 10km		8am
JUN	5	<b>Linden</b>	23km/15km	6am/7am
	12	TBC		
	19	<b>Northcliff</b>	28km/15km	6am/7am
	26	<b>Melville</b>	25km/15km	6am/7am
JUL	3	<b>Bryanston</b>	26km/15km	6am/7am
	10	<b>Tara</b>	28km/15km	6am/7am
	17	<b>Northcliff</b>	28km/15km	6am/7am
	24	RAC Comrades Long Run		5am
	31	<b>Linden</b>	23km/15km	6am/7am
AUG	7	<b>Northcliff</b>	28km/15km	6am/7am
	14	<b>Bryanston</b>	26km/15km	6am/7am
	21	<b>Wilds</b>	26km/15km	6am/7am
	28	COMRADES		
SEPT	4	<b>Northcliff</b>	28km/15km	5am/6am
	11	<b>Wilds</b>	26km/15km	5am/6am
	18	<b>Bryanston</b>	26km/15km	5am/6am
	25	<b>Melville</b>	25km/15km	5am/6am
OCT	2	<b>Sandton</b>	28km/15km	5am/6am
	9	<b>Tara</b>	28km/15km	5am/6am
	16	<b>Northcliff</b>	28km/15km	5am/6am
	23	<b>Linden</b>	23km/15km	5am/6am
	30	<b>Wilds</b>	26km/15km	5am/6am
NOV	6	<b>Melville</b>	25km/15km	5am/6am
	13	RAC City Lodge Tough One - Helpers Run		5:30am
	20	<b>94.7 Cycle Race - Joburg</b>		
	27	RAC City Lodge Tough One		5:30am
DEC	4	<b>Linden</b>	23km/15km	5am/6am
	11	<b>Wilds</b>	26km/15km	5am/6am
	18	<b>Northcliff</b>	28km/15km	5am/6am
	25	<b>Christmas</b>		
JAN	1	<b>New Years Run</b>	15km/10km	7:30am
	8	<b>Northcliff</b>	28km/15km	5am/6am